

This document is based on the requirements set out in SANS 50365:2008 Personal protective equipment against falls from a height – General requirements for instructions for use, maintenance, periodical examination, repair, marking and packaging and in particular Section 4.4: Instructions for periodic examinations.

Note: It is the responsibility of the user organisation to provide (and maintain) the record and to enter the details required. Download a copy of this form from www.hilsen.co.za

Equipment		Serial number	
For month of		User	

Day	Outcome per Hilsen 5 point check				Initial
		Pass		Fail	
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

Day	Outcome per Hilsen 5 point check				Initial
		Pass		Fail	
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					

Important!

The user of the fall arrest system must inspect the fall arrest system daily prior to use according to the daily five point check.

Should the user becomes aware of any fault or damage to any component of the fall arrest system, which fault or damage gives them reason to believe that the fall arrest system may not function optimally, the user must immediately withdraw the fall arrest system from service, and

bring to the attention of management the evidence of the fault or damage so that immediate corrective action may be taken, and

the fall arrest system may not be returned to service until it is inspected by a competent person and found to be fit to return to service.